



# Ellesmere Port Amateur Swimming Club

(Affiliated to ASA North West Region)

## CODE OF CONDUCT

### Objective and Scope

The purpose of this document is to establish a set of guidelines and procedures, which outline the responsibilities, and behaviour of both staff and swimmers who are members of Ellesmere Port Amateur Swimming Club. It is expected that the principles of the Code of Conduct should be followed at all events and training sessions.

### Code of Conduct

**Behaviour and Personal Conduct** must at all times be of a high standard and reflect favourably on the sport, and the Club. Swimmers must not engage in bullying either physical or verbal. Language in all situations must always be appropriate and socially acceptable foul or abusive language is not acceptable.

**Consumption of Alcohol** is totally forbidden for athletes under age as defined by UK law. It must not be consumed by swimmers or staff members whilst en route, prior to, or following a training session, competition event or team activities, without specific consent of the Team Manager. During competition alcohol is strictly forbidden to all swimmers and staff.

**Smoking:** is prohibited by swimmers and staff whilst en route, prior to, during or following a competition event, training session or team activities. You are reminded that under UK law smoking in enclosed public places is not permitted.

**Personal Appearance:** shall be appropriate to the circumstances, swimwear shall comply with ASA regulations. At competition only Club approved kit, including swim caps/ hats, is to be worn. At official team functions and other times appearance shall be as notified by the Team Manager.

**Attendance** should be regular to ensure skill development and progression. Punctuality on all occasions is essential.

When attending gala's swimmers shall remain with the team and Team Managers at all times, unless given specific permission to be / go elsewhere.

**Illegal and Performance Enhancing Drugs and Substances** are strictly forbidden. Swimmers are expected to be aware of the current list of banned substances and particular care must be exercised if anyone is on medication prior to or during a meet.

**Illegal Drugs and Substances:** The use of these, even though they may not appear on the official banned list in respect of performance enhancing drugs, is nonetheless prohibited.

**Medication:** It is important that information on all medication being currently taken should be reported. All swimmers shall complete the Clubs Medical Declaration form. Any changes must be immediately notified to the Club.

**Sanctions:** Breaches of the Code of Conduct shall be dealt with in the first instance by the Team Manager or Coach. He/she shall report the incident to the Welfare Officer of the club who shall take such further action as is deemed necessary.

**Travel:** When travelling to away galas or functions on transport provided by the Club, swimmers will be under the control of the Team Manager or other duly appointed official. Swimmers shall respect and obey instructions given by the appointed officials.



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In addition it is expected that all members of Ellesmere Port Amateur Swimming Club, when attending any event or training session shall:

- Comply with the codes, rules and laws within the guidelines set out by the ASA
- Comply with the club rules of poolside conduct
- Behave without discrimination on the grounds of race, colour, language, religion, birth or social status as set out in the equal opportunities policy.
- Respect the basic human rights, worth and dignity of each member.
- Not encourage swimmers, volunteers, officials or parents to violate the rules of the club or the sport.
- Observe the authority and the decisions of all officials.
- Encourage all swimmers to obey the spirit of the rules and laws both in and out of the pool.
- Treat other competitors and teams with respect, in victory and defeat.

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Name (please print). .....

Signed ..... Date. ....

### **For members under 12 years**

As the parent/carer of the above named member, I hereby confirm that I have explained to them the contents and implications of this Code of Conduct.

Signed .....(parent/carer) Date. ....