



# Ellesmere Port Amateur Swimming Club

(Affiliated to ASANW Region)

## The Club website: [www.epasc.co.uk](http://www.epasc.co.uk)

The website has been greatly improved in the last few months, all gala results are posted within a few days of the event, a copy of the current Newsletter can be read and, if you wish, downloaded; a news "blog" with items of interest is regularly updated. Do look at the website frequently and please let us know of any other items of interest which you think we might introduce.

One suggestion already made was to replace the heading on the home page with something more interesting or appropriate to this club. Please give us your suggestions, there will

be a small prize for the person who submits the one we adopt.

We would like to have included photographs of club events, but, having taken advice from the A.S.A., we find that we shall have to obtain detailed written permission from every member before we can do this.

Finally, a very big "thank you" to Mrs Nikki Hope and to Connor, who have made all these improvements for us

## Mrs Denise McIver

Denise has been the official teacher for all the Ellesmere Port schools for the last 23 years, no doubt many of our past and present members have benefitted from her teaching, but she is now retiring from the position.

She has also been a club member since her own boys joined us over 20 years ago, she was our Chairman in 1995 and 1996 and has been most helpful and supportive in the organisation of the annual junior schools gala. At the recent junior schools gala a presentation was made to her on behalf of the schools and more recently a presentation was made on behalf of the Club.

We all wish Denise well in her retirement.

## Lost Property

We are surprised at the variety of items which are left behind after club sessions and never reclaimed. When drinks bottles are left on the poolside we store them in the cage (with the kickboards etc.) for a few weeks, then throw them away since the fruit juice contents tend to go mouldy. Goggles are either held by the Coach, or passed to the foyer officials. Wet swimwear, t-shirts and towels

are taken home by one of the officials, dried and then returned to the foyer. If any item is named it is returned to its owner without delay, but otherwise it is up to you to ask.

## Sainsbury's Active Kids Vouchers

Many thanks to everyone who has been collecting for us, we collected 1370 vouchers this year, a big improvement on 2010. We are planning to buy a loud hailer, with the balance going towards kickboards.

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## The Queen's Birthday Honours, June 2011

Our President, Dr Shirley Cooke, was awarded the MBE in the Birthday Honours lists. The citation reads "for Voluntary Service to swimming in the Northwest." She has been involved in swimming for over 60 years, at first as a competitor, when she swam in the British team at the International University Games in Paris in 1947 and held all the English Universities freestyle titles.

She was one of the founders of the Ellesmere Port club in 1968 and has been active with the club ever since, both as coach, referee and administrator.

She was President of the Liverpool & District Swimming Association in 1987-88 and was elected a Life

Member in 2004. In 2003 she received the ASA Silver Pin for long service on a National committee and in 2010 she received the ASA Aquaforce Volunteer Long Service Award.

### Club kit

The cost of the swim bags is now £15.75, goggles are also for sale at a cost of £6.95

## A.S.A. Challenge Awards

We shall again be running training and testing sessions for these Challenge Awards during the summer holiday period: the end of July and all of August. In the first place this will be for Bronze and Silver awards and, if possible, going on to the Gold award. To some extent this will depend on the number of staff available, so we would welcome assistance from parents who would be

willing to help by counting lengths etc. The cost of each award certificate and badge is £3.20 Sign-up lists, both for swimmers and helpers, will be on the foyer table soon.

Please note that we may have to limit each swimmer to a maximum of two awards.

### Club Feedback Questionnaire

The Executive Committee members are anxious to get the opinions of all our members on various aspects of club organisation. A questionnaire has therefore been devised and copies are already available for everyone. We really do want to get everyone's opinions and advice, not just from parents but also from as many swimmers as possible Please collect a form from the club table and return it as soon as possible.

## Can you write an item for the Newsletter?

Last year a number of our junior swimmers contributed items for the club newsletter, when they told us of their involvement with the exchange visitors from Reutlingen.

We would enjoy having items contributed by swimmers or parents in each issue. So how about sending in an article for the next newsletter? Contributions can be handed in to the desk in the foyer, clearly marked "item for newsletter."

### Club Annual Gala

The gala this year will be on Saturday October 22<sup>nd</sup>, with trials being held on Friday September 16<sup>th</sup> and Friday September 23<sup>rd</sup>. Already there is a notice on the board giving conditions for entry to the gala. Full information sheets will be available by early September, together with sign-up lists for those wishing to take part.

Visit The Website

<http://www.epasc.co.uk>